



AUGUST 2014

INTERPRETIVE ACTIVITIES



Saturdays and Sundays (the Visitor Center is closed weekdays during the summer)

On-Demand Film showings ♿

Ask to see one of our 15-minute films, including **A Year in the Desert**, **Ghost Mountain: An Experiment in Primitive Living**, **Anza-Borrego: Behind the Scenes**, and **Anza-Borrego: Lifetime of Adventure**. If you have more time, ask for the 52-minute film **Kumeyaay: The First People**, which explores the resiliency of the Kumeyaay, who lived in what is now Anza-Borrego Desert State Park, and their relationship with the dynamic and sometimes harsh desert environment. It examines how their culture, tools and techniques are being passed along to modern generations.



Saturday, August 2, 2014

8:00 p.m. Talk – Enjoy Anza-Borrego’s Dark Night Sky!

1.5 Hours

Summer nights are perfect for Stargazing at the Visitor Center! Explore constellations, search for planets, and learn about the importance of dark skies everywhere. Bring a chair or blanket to sit on, binoculars if you have them (you’ll be amazed at the view!), and a flashlight (red lens is preferable, to preserve night vision). Telescope viewing if weather permits.



Sunday, August 10, 17, and 24, and Saturday, August 16 and 23, 2014

1:30 p.m. Talk ♿ – **The Pollen Path: Seasonal Movements of Native Americans**

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Park Aide Steve Russell in an exciting journey through the past as we take a look at how early residents migrated to take advantage of different food supplies.

UNLESS NOTED, ALL PROGRAMS ARE FREE OF CHARGE AND HELD AT THE VISITOR CENTER (OPEN DAILY).

♿ DENOTES PROGRAMS ACCESSIBLE TO DISABLED. PLEASE CALL AHEAD FOR SPECIAL NEEDS ACCOMMODATION, (760) 767-4205.

DOGS ARE NOT PERMITTED ON TRAILS OR TOURS.



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DESERT SAFETY

✓ **Carry water AND drink it**

Saving your water for the hike back has led to death in Anza-Borrego. Drink plenty of water before you leave home, while you hike, and on the return route. If you feel thirsty, it is already too late. Drink lots of water and drink often.

✓ **Make sure your vehicle is desert-ready.**

Equip your vehicle for the desert. You should always carry extra water, a shade tarp, a shovel, a tire pump, and extra food.

✓ **Prepare yourself.**

In addition to carrying water, you should have protective clothing, sunscreen, a hat, a good map, food and a first aid kit which includes a comb and tweezers.

✓ **Have a plan.**

Leave all your trip information with a friend. Tell him/her your destination, the route you intend to follow, your expected return time, a description of your vehicle with license plate number, and the time by which he/she should notify park authorities in case you do not return.

✓ **Do not split up the group**

Stay together. Never leave anyone behind to rest.

✓ **Leave snakes alone.**

Many venomous snakes live in the desert. If you threaten them, they may strike. It is illegal to harass, catch, or kill any snake within Anza-Borrego. If bitten, remain calm and seek immediate medical attention.

✓ **When emergencies happen ...**

Stop. Stay calm. Seek shelter. If you are with your vehicle, remain there; do not leave it. Signal with mirrors, white cloth, whistle (three short blasts on a whistle, pause, then three more, repeat frequently), and put your hood up. It is much easier to find a vehicle in the desert than a person!!!

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